



**Cecil County  
Senior Services & Community Transit**

**February 2010**

**Perryville Center Events**

**710 Broad Street**

**Perryville, MD 21903**

Center Hours: 9:00 AM - 1:00 PM (Tuesday, Wednesday, Thursday)

Perryville Center: 443-309-0651 Transportation: 410-996-5295

Rising Sun Toll Free: 410-658-5574 Elkton Center 410-996-5295

**Information & Assistance/Senior Health Insurance Program w/Mary Kahoe**

**Transportation to HLFC, YMCA or Shopping leaves at 9:15 a.m.**

<b>2</b>	<b>3</b>	<b>4</b>
<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>2</b> 9:15: <b>Fitness Center</b> 9:15: Shopping at North East Walmart Dollar Tree 10:30: Cards and Games 10:30: <b>Nutrition Ed with Fran</b> 12:00: Lunch	<b>3</b> 9:15: <b>YMCA/Fitness Center</b> 10:00: <b>Exercise with Jim</b> 11:30: <b>Wii Bowling</b> 11:30: <b>Crafts with Janice</b> 12:00: Lunch	<b>4</b> <b>Center Closed</b> 9:15: <b>YMCA/Fitness Center</b> 9:30: Bingo 11:30: <b>Puzzles and Games</b> 12:00: Lunch
<b>9</b> 9:15: Fitness Center 9:15: Shopping at Super Walmart 10:00: <b>Blood Pressure Screenings</b> 10:30: <b>Heart Health</b> 10:30: Cards and Games 11:00: <b>Nutrition Ed with Fran</b> 12:00: Lunch	<b>10</b> 9:15: <b>YMCA/Fitness Center</b> 10:00: <b>Exercise with Jim</b> 11:30: <b>Wii Bowling</b> 11:30: <b>Crafts with Janice</b> 12:00: Lunch	<b>11</b> <b>Perryville to Elkton</b> <b>Valentine's Party</b> <b>Music by Ed Podzimek</b> <b>\$3.00 per person</b> <b>Sign Up Required By</b> <b>January 27</b> <b>\$1.50 pick up fee</b> <b>Leave Center at 9:15</b>
<b>16</b> <b>Early Day</b> 10:00: Brunch 10:30: <b>Nutrition Ed with Fran</b> 11:00: <b>Brain Games</b> 11:30: Cards 12:00: Leave for Home	<b>17</b> 9:15: <b>YMCA/Fitness Center</b> 9:15: Shopping North East Walmart Dollar Tree 10:00: <b>Exercise with Jim</b> 10:30: <b>Cooking with Michelle</b> 12:00: Lunch	<b>18</b> 9:15: <b>YMCA/Fitness Center</b> 9:30: Bingo 11:30: <b>Birthday Celebration</b> 12:00: Lunch
<b>23</b> 9:15: Fitness Center 9:15: Shopping at Super Walmart 9:30: <b>Volunteer Training</b> 10:30: Cards and Games 10:30: <b>Nutrition Ed with Fran</b> 12:00: Lunch	<b>24</b> 9:15: <b>YMCA/Fitness Center</b> 10:00: <b>Exercise with Jim</b> 11:30: <b>Wii Bowling</b> 11:30: <b>Puzzles and Games</b> 12:00: Lunch	<b>25</b> <b>Centers Closed</b> <b>Hibachi Grill</b> <b>\$2.00 a person</b> <b>\$1.50 pick up fee</b> <b>Sign Up Required By</b> <b>February 3</b> <b>Bring Your Lunch Money</b> <b>Leave Center at 9:15</b>

