



**Cecil County  
Senior Services & Community Transit**


**March 2010**

**Perryville Center Events**

**710 Broad Street  
Perryville, MD 21903**

Center Hours: 9:00 AM - 1:00 PM (Tuesday, Wednesday, Thursday)  
Perryville Center: 443-309-0651 Transportation: 410-996-5295  
Rising Sun Toll Free: 410-658-5574 Elkton Center 410-996-5295

**Information & Assistance/Senior Health Insurance Program w/Mary Kahoe  
Transportation to HLFC, YMCA or Shopping leaves at 9:15 a.m.**

<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>2</b> 9:15: Fitness Center 9:15: Shopping at North East Walmart Dollar Tree 10:00: <b>Blood Pressure Screenings</b> 10:30: <b>Nutrition Ed with Fran</b> 12:00: Lunch	<b>3</b> 9:15: YMCA/Fitness Center 10:00: <b>Exercise with Jim</b> 11:30: <b>Wii Darts</b> 11:30: <b>Crafts with Janice</b> 12:00: Lunch	<b>4 Perryville to Elkton</b>  <b>Beach Party</b> Fee \$2.00 per person Sign Up Required By February 17 Pick Up at Home \$1.50 Leave Center at 9:15
<b>9</b> 9:15: Fitness Center 9:15: Shopping at Super Walmart 10:00: <b>Nutrition Ed with Fran</b> 11:30: Lunch 12:00: Leave for Home	<b>10 Perryville to Elkton</b>  <b>Pot Luck</b> Bring a Dish to Elkton Center Leave Center at 9:15	<b>11 Centers Closed</b>  <b>Nana's Naughty Knickers</b> <b>Rainbow Dinner Theater</b> Event Closed Leave Center at 9:45
<b>16 Perryville to Elkton</b>   <b>Leave Center at 9:15</b>	<b>17</b> 9:15: YMCA/Fitness Center 9:15: Shopping North East Walmart Dollar Tree 9:15: <b>Perryville Library</b> 10:00: <b>Exercise with Jim</b> 10:30: <b>Cooking with Michelle</b> 12:00: Lunch 12:30: <b>Celebrate Birthdays</b>	<b>18 Perryville to Elkton</b>  <b>St. Patty's Party</b> Music By "4 Ever Erin" \$3.00 a person Leave Center at 9:15
<b>23</b> 9:15: Fitness Center 9:15: Shopping at Super Walmart 10:30: <b>Nutrition Ed with Fran</b> 11:30: Cards and Games 12:00: Lunch	<b>24</b> 9:15: YMCA/Fitness Center 10:00: <b>Exercise with Jim</b> 11:30: <b>Wii Darts</b> 11:30: Puzzles and Games 12:00: Lunch	<b>25 Centers Closed</b>  <b>Denny's Rescheduled</b> No New Sign Ups Leave Center at 9:15



Did you know we go to the library on March 17? A good book can stimulate your brain, and take you to distant lands. Fall in love with a book and spice up your life!