

Healthy Options Program



ZUMBA[®]
gold

For 55+

Dance your way to feeling better with one of the most popular exercise programs in the country. A great way to get in shape and have fun in the process!

**Elkton Parks & Recreation
219 North Street
Elkton, MD 21921**

Mondays, November 18—December 16, 2019
(5 week class)
1:30 pm —2:30 pm

Instructor: Tina Banks

Registration is open NOW!

**To register, contact Judi Brubaker at 410-996-8177
or jbrubaker@ccgov.org**

Please note: Inclement weather policy follows Cecil County Public Schools. If CCPS is LATE OR CANCELLED, classes will not be held. We will do our best to contact you via phone or e-mail.

**Healthy Options Program for 55+ ... No cost workshops
designed to help you get in shape and stay there!**

Sponsored by Cecil County Department of Community Services.
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