








Department of Community Services
November Menu
 Congregate Meals
All Meals Served with Milk
Elkton - 410-996-5295-Option 3

2019 Meal Prices:
 Actual cost of meals:
\$6.50
 60+ Suggested
 Donation: **\$3.25**
 Guests & Staff under
 60: **\$6.50**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Roast Turkey Turkey Gravy Mashed Potatoes Spinach Mixed Fruit Cranberry Juice WW Bread
4 Beef Stew Brussel Sprouts Biscuit Pears Orange Juice Angel Food Cake	5 Meatloaf Gravy Mashed Potatoes Beets Apple WW Bread Cranberry Juice	6 Baked Chicken Parmesan Linguini Marinara Sauce Italian Zucchini WW Bread Apple Juice	7 Center Closed	8 Roast Beef Gravy Buttered Noodles Carrots WW Bread Mixed Fruit Orange Juice
11 Center Closed	12 Beef Burgundy Buttered Noodles Green Bean Blend WW Bread Cantaloupe Apple Juice	13 Sweet & Sour Chicken Vegetables Steamed Rice Snap Peas & Pepper Blend WW Bread Mixed Fruit Cup	14 Sign Up Required	15 Spaghetti Meat Sauce Broccoli Diced Pears Orange Juice
18 	19 Early Day	20 Sign Up Required	21 Center Closed	22 Roast Turkey Turkey Gravy Mashed Potatoes Spinach Mixed Fruit Cranberry Juice WW Bread
Meat Lasagna Meat Sauce Stewed Zucchini WW Bread Peaches Apple Juice	Chicken Marsala Baked Potato Carrots WW Bread Orange		21 Center Closed	22 Roast Turkey Turkey Gravy Mashed Potatoes Spinach Mixed Fruit Cranberry Juice WW Bread
25 Beef Stew Brussel Sprouts Biscuit Pears Orange Juice Angel Food Cake	26 Meatloaf Gravy Mashed Potatoes Beets Apple WW Bread Cranberry Juice	27 Baked Chicken Parmesan Linguini Marinara Sauce Italian Zucchini WW Bread Apple Juice	28 Center Closed	29 Center Closed
			