



Cecil County Department of Community Services  
Community Wellness Division

**NOVEMBER 2019 Calendar of Events**

Elkton Center  
200 Chesapeake Blvd., Suite 1700  
Elkton, MD 21921

410-996-5295 #3 Meals & Volunteers



www.danandgail.com

**MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY**

*On behalf the Elkton Center staff and members we extend our heartfelt thanks and gratitude to all veterans. We also wish all of our Elkton Center family a happy and healthy Thanksgiving. The Elkton Center staff is thankful for each one of you! Your attendance and participation gives us the joy of knowing you and, being a small part of your lives.*

**4                      5                      6                      7                      8**

10:00: YMCA  
10:00: Ceramics  
10:15: Trivia w/Kathie  
11:00: Lunch  
12:00: Acme Shopping

10:00: Caning  
10:00: Quilting Club  
10:30: Chair Exercise  
10:30: Five Things About Stress Handout  
11:00: Lunch  
11:30: Fires & Food Safety Fact Sheet

10:00: YMCA  
10:00: Ceramics  
10:00: **Cards by Beth**  
10:30: Senior Expressions \*  
10:30: Five Action Steps for Helping Handout  
11:00: Lunch  
11:30: Danger Zone Fact Sheet  
  
12:15: **Council Bingo**

**Center Closed**  
  
Delaware Park, Wilmington DE  
\$2.00 per person  
\$2.00 pick up at home  
\$2.00 Out of County  
Registration Deadline: October 23<sup>rd</sup>


10:00: Brush to Canvas  
11:00: Lunch  
12:00: Bingo  
1:00: Leave for Home  
  
**BAKE SALE**

**11                      Center Closed**

10:00: Caning  
10:30: **Chair Exercise w/ a Twist**  
10:30: Countdown to Thanksgiving Handout  
11:00: Lunch  
12:00: Dollar Tree Shopping

10:00: YMCA  
10:00: Ceramics  
10:30: Senior Expressions \*  
11:00: Lunch  
12:00: Redner's Shopping

**Sign Up Required**  
  
A Salute to Veterans Luncheon Event at the Elkton Center  
\$2.00 pick up at home  
Registration Deadline: October 30<sup>th</sup>

10:00: Brush to Canvas  
11:00: Lunch  
12:00: Bingo by Abbey Manor  
1:00: Leave for Home  
  


- **Deadlines apply to everyone. No exceptions. NO REFUNDS after deadlines.**
  - We are unable to accept telephone reservations.
  - For more information, call Brittney or Judi at 410-996-8177, or Kathie at 410-996-8178.
- Call the Center by 8:00 AM** to reserve a meal.  
\*Group is full; ask about being put on a waiting list for openings.  
CASH ALERT—COME TO CENTER WITH SMALL BILLS OR PAY BY CHECK.



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| MONDAY   |  | TUESDAY   |                      | WEDNESDAY  |                      | THURSDAY             |                      | FRIDAY   |   |  |  |  |
|--|--|---|----------------------|--|----------------------|----------------------|----------------------|--|---|--|--|--|
| 18   | 19   | 20  | 21                   | 22   | 23                   | 24                   | 25                   | 26   | 27  |  |  |  |
| 10:00: YMCA<br>10:00: Ceramics<br>10:00: <b>Zumba in the Chair</b><br>11:00: Lunch<br>11:30: Coping with Diabetes Handout<br>12:00: Walmart Shopping | 10:00: Caning<br>10:00: Quilting Club<br>10:30: Chair Exercise<br>10:30: Allergies & Food Safety Handout<br>11:00: Lunch<br>12:00: Depression Factsheet<br>12:30: Leave for Home<br><br><b>EARLY DAY</b> | <b>Sign Up Required</b><br><br>Thanksgiving Party/Pot Luck at the Elkton Center<br>Music by Dave Micelli<br>\$5.00 per person with a dish<br>\$8.00 without a dish<br>\$2.00 pick up at home<br>Registration Deadline: November 5 <sup>th</sup> | <b>Center Closed</b> | 10:00: Brush to Canvas<br>10:00: MURPHY's LAW<br>10:30: Magnesium Fact Sheet<br>11:00: Lunch<br>11:00: Celebrate Birthdays<br>12:00: Bingo<br>1:00: Leave for Home | <b>Center Closed</b> | <b>Center Closed</b> | <b>Center Closed</b> | 10:00: YMCA<br>10:00: Ceramics<br>10:00: <b>Fall Floral Arrangement With Master Gardeners Limit 20</b><br>11:00: Lunch<br>12:00: Acme Shopping | 10:00: Caning<br>10:00: <b>Zumba in the Chair</b><br>10:30: Stroke Factsheet<br>11:00: Lunch<br>12:00: Inflammatory Bowel Disease Fact Sheet<br><br><i>Beauty by Brittney</i> | 10:00: YMCA<br>10:00: Ceramics<br>10:30: Senior Expressions *<br>11:00: Lunch<br>11:30: Bladder Infections Fact Sheet<br><br>12:15: <b>Council Bingo</b> |  |  |

Elkton Center  
410-996-5295

Information & Assistance/State Health Insurance Program,  
Aging Disability Resource Center, Caregiver Program, and Long Term Care Services: option 1

\*Transportation, Taxi Voucher: option 2\*

Elkton Center, Volunteer Services: option 3