



**INTERNATIONAL  
MENS DAY**  
November 19

BECAUSE  
76% OF SUICIDES ARE MEN  
85% OF HOMELESS ARE MEN  
70% OF HOMICIDE VICTIMS ARE MEN  
40% OF DOMESTIC ABUSE VICTIMS ARE MEN  
MEN ARE THE MAJORITY VICTIMS OF VIOLENT CRIME  
MEN ON AVERAGE SERVE 64% LONGER IN PRISON  
MEN ON AVERAGE ARE 3.4X MORE LIKELY TO BE IMPRISONED  
THAN WOMEN WHEN BOTH COMMITTED THE SAME CRIME



Cecil County Department of Community Services  
Community Wellness Division

# November 2018 Calendar of Events

Elkton Center  
200 Chesapeake Blvd., Suite 1700  
Elkton, MD 21921

410-996-5295 #3 Meals & Volunteers



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FR
19 International Men's Day  10:00: YMCA 10:00: Ceramics 10:15: Trivia w/Kathie 11:00: Lunch 12:00: Walmart Shopping	20  10:00: Caning 10:30: Quilting Club 10:30: Chair Exercise 10:30: Plan Your Menu Fact Sheet 11:00: Lunch 12:30: Leave for Home  <b>EARLY DAY</b>	21 Legal Aid  10:00: YMCA 10:00: Ceramics 10:30: Senior Expressions * 10:30: Improving Balance and Strength Fact Sheet 11:00: Lunch 11:30: Fentanyl Fact Sheet 12:00: <b>Council Bingo</b>  <b>COUNCIL EXECUTIVE BOARD MEETING</b>	22 Center Closed  	23 Center Closed  
26 Cyber Monday  10:00: YMCA 10:00: Ceramics 10:15: Trivia w/Kathie 11:00: Lunch 12:00: Acme Shopping	27 Giving Tuesday  10:00: Caning 10:30: Chair Exercise 10:30: Prescription Drug Abuse Pamphlet 11:00: Lunch 12:00: Moving Through Grief And Loss Pamphlet 12:00: Wii-Wheel of Fortune 1:00: Opioid Addiction Fact Sheet	28  10:00: YMCA 10:00: Ceramics 10:30: Senior Expressions * 10:30: Step Up to Nutrition Fact Sheet 11:00: Lunch 11:30: Dietary Fiber Fact Sheet 12:15: <b>Council Bingo</b>	29 Center Closed  Golden Corral, Aberdeen MD Limit 30 \$2.00 per person \$2.00 Pick up at Home Registration Deadline: November 14	30  10:00: Brush to 10:00: Comedy 11:00: Lunch 11:00: Celebrat 12:00: Bingo 1:00: Leave fo  <b>COUNCIL</b>

Information & Assistance/State Health Insurance Program,  
Aging Disability Resource Center, Caregiver Program, and Long Term Care Services: option 1  
\*Transportation, Taxi Voucher: option 2\*  
Elkton Center, Volunteer Services: option 3  
Rising Sun Toll Free: 410-658-5574