

CECIL COUNTY PARKS and RECREATION



PROGRAM GUIDE FALL 2017 • WINTER 2018



Cecil Community Center
17 Wilson Road
Rising Sun, MD 21911
Phone: 410-658-3000
Phone: 410-392-4537
Fax: 410-658-3011

County Admin. Bldg.
200 Chesapeake Blvd.
Suite 1200
Elkton, MD 21921
Phone: 410-996-8101

Cecil Arena
2706 North East Road
North East, MD 21901
**Cecil Arena, Inclement
Weather Hotline**
410-658-5000

Junior Wrestling
Rising Sun
443-907-3394
North East
443-207-0196

Lacrosse League
410-658-3000
Adult Indoor Soccer
410-392-4537

Check Us Out!
 @CecilRec
 @CecilCParknRec
 @CecilRec

Many of the classes are offered in six or eight week sessions. Please refer to the website for registration instructions and full class descriptions. Mail-In and Walk-In registration forms can be found at the recreation offices. All of our youth programs follow the CCPS calendar for holidays and inclement weather closings. Many adult classes and arena activities do not, so please refer to the "Announcements" link on the county website for necessary closings and other important messages.

Schedule is subject to change please call or check our website for additional information. 410-658-3000

*The Cecil County Public Schools neither endorses nor sponsors the organization(s) or activity(ies) contained herein. The views contained herein are those of the author and are not necessarily shared by CCPS. The availability of this material is provided as a community service**



PROGRAMS

YOUTH SKILLS & TRAINING

Tennis 1 on 1: Private one on one lessons with tennis Pro Terry Tallman. Co-ed | Ages 5 & up
By appointment only | Call office for scheduling | No online registration | Cost \$25 per lesson | Must pay in advance
Location: Cecil County Community Center

Tennis Youth Beginner: 8 lessons of instruction & game play with tennis Pro Terry Tallman. Co-ed | Dates/Ongoing | Tuesdays & Thursdays 5 PM | Location: Cecil County Community Center

Tennis Youth Advanced: 8 weeks | advanced instruction & game play with tennis Pro Terry Tallman. Co-ed | Dates/Ongoing | Mondays & Wednesdays | 5:00 PM
Location: Cecil County Community Center

Pitching Lessons: 30 minute private lessons with Dave Hitchens.
Co-ed | Ages 8-20 | Runs December-February
By appointment only | Call office for scheduling
No online registration | Cost \$45 | Must pay in advance
Location: Cecil County Community Center

Field Hockey Skills & Training:
K-5 Grades | 4 weeks of 30 min. drills & skills and 30 min. devoted to game play.
6-8 Grade | 4 weeks devoted to 60 minutes of game play.

Begins Sept. 9th | Saturdays | 9-10 AM | Cost \$32
Location: Calvert Regional Park
Players MUST bring their own equipment, sticks, mouth guards & shin guards.

Girls Lacrosse Clinic: 4 weeks of teaching & enhancing basic skills; cradling, catching, throwing, shooting. Introduction to rules of the game & field positions. | Grade 6-8 | Begins October 11th | Wednesdays | 5-6 PM | Cost \$32 | Location: Perryville Middle School (Some sticks & goggles will be available, but players are strongly encouraged to bring their own equipment)

Lacrosse Academy: 8 week league | Concentration on skill improvement, conditioning, stick work, footwork & positional training | Co-ed | Girls U9 - U15 & Boys U9 - U15 | January 7 | Sundays | 8AM-12PM | Cost \$65 | Location: Cecil Arena | Limited to the first 30 participants enrolled in each group | Sticks not provided | Limited loaner equipment

HERE'S HOW!

Online Registration
@ www.cecilrec.org

We accept credit card payments

HOMESCHOOL

Homeschool Sports Academy:
6 weeks of Soccer to interact with other homeschool children while building a foundation for fitness, teamwork and sportsmanship. Dribbling, passing & shooting skills with fun games and contests. Co-ed Ages 3-6 | Dates/Ongoing Tuesdays | 11 AM Cost \$32 | Location: Cecil Arena



PRESCHOOL

Preschool Sports Academy: 6 weeks of Soccer to build a foundation for fitness, teamwork and sportsmanship. Dribbling, passing & shooting skills with fun games and contests. Co-ed | Ages 3-6 | Tuesdays | Dates/Ongoing 10-11AM or 12PM-1PM Cost \$32
Location: Cecil Arena

Under The SEA! 6 weeks of games, adventures, art & learning about animals under the sea through movement & exploration. Ages: 2.5-5 | September 15 - October 27 | Fridays 10-10:40 AM | Cost: \$32 | Location: Cecil County Community Center | (NO Class October 20th | closed)



Spooklacular HALLOWEEN PARTY!
Bring the kids out to our first Halloween party. Games, music, crafts, costume contest & much more fun! | Ages: 2-5 Tuesday | October 31st | 1:00 PM | Cost: EARLY Registration \$6 | Day of party \$7 | Location: Cecil County Community Center



DANCE

Progressive Movement: 6 weeks of the basics of dance, stretching, placement, jumps & fun. Ages 3-5 | Dates/Ongoing | Thursdays 5-5:45 PM | Cost \$32
Location: Cecil County Community Center

Ballet I: 6 weeks of basic ballet technique, barre work, terminology, musicality & positions. Ages 6-9 | Dates/Ongoing | Thursdays | 6-7 PM | Cost \$32
Location: Cecil County Community Center

Ballet II: 6 weeks of Ballet I review, body alignment, arm placement & increase movement vocabulary. Ages 10-13 | Dates/Ongoing | Thursdays | 7:15-8:15 PM | Cost \$32 | 60 minutes
Location: Cecil County Community Center
Drop-ins are welcome | \$6 per class



MARTIAL ARTS

Chinese Kenpo Karate: BEGINNER
8 weeks of martial arts training, stretching, light exercise, techniques in striking & defending being taught by second degree black belt instructor Matt Broilo. Co-ed | 3 & up | Tuesdays | Dates/Ongoing | 6 PM
Cost \$60 | Location: Cecil County Community Center
•Wear your own uniform/street clothes are acceptable.
•To purchase a uniform: www.centurymartialarts.com

Chinese Kenpo Karate: ADVANCED
8 weeks of martial arts training, stretching, light exercise, techniques in striking & defending being taught by second degree black belt instructor Matt Broilo | Co-ed | Wednesdays | Dates/Ongoing | 6 PM
Cost \$60 | Location: Cecil County Community Center
•Wear your own uniform/street clothes are acceptable.
•To purchase a uniform: www.centurymartialarts.com



@CecilCountyRocks

SPORTS & ARTS | AFTER THE BELL

In Partnership with CCPR & CCPS | Offered to students enrolled in Bay View Elementary, Calvert Elementary & Rising Sun Elementary Schools:
Our program provides children with the inspiration, development & encouragement they need to thrive at home, school & play. 10 weeks of afterschool Sports & Arts Club | Grades K-5 | M, T, Th, Fri from dismissal to 5:30 PM; W from dismissal to 5:30 PM | *First Session Begins September 5 - November 10* | Cost \$15 per week but must pay in full \$150 at the beginning of each session. Location: Students are bused from their school to the Cecil Arena.

In Partnership with CCPR & CCPS | Offered to students enrolled in Bay View Elementary, Calvert Elementary & Rising Sun Elementary Schools:
Our program provides children with the inspiration, development & encouragement they need to thrive at home, school & play. 10 weeks of afterschool Sports & Arts Club | Grades K-5 | M, T, Th, Fri from dismissal to 5:30 PM; W from dismissal to 5:30 PM | *Second Session Begins November 13 - January 26* | Cost \$15 per week but must pay in full \$150 at the beginning of each session. Location: Students are bused from their school to the Cecil Arena.

In Partnership with CCPR & CCPS | Offered to students enrolled in Bay View Elementary, Calvert Elementary & Rising Sun Elementary Schools:
Our program provides children with the inspiration, development & encouragement they need to thrive at home, school & play. 10 weeks of afterschool Sports & Arts Club | Grades K-5 | M, T, Th, Fri from dismissal to 5:30 PM; W from dismissal to 5:30 PM | *Third Session Begins January 29 - April 6* | Cost \$15 per week but must pay in full \$150 at the beginning of each session. Location: Students are bused from their school to the Cecil Arena.

In Partnership with CCPR & CCPS | Offered to students enrolled in Bay View Elementary, Calvert Elementary & Rising Sun Elementary Schools:
Our program provides children with the inspiration, development & encouragement they need to thrive at home, school & play. 9 weeks of afterschool Sports & Arts Club | Grades K-5 | M, T, Th, Fri from dismissal to 5:30 PM; W from dismissal to 5:30 PM | *Last Session Begins April 9 - June 15* | Cost \$15 per week but must pay in full \$135 at the beginning of this session. Location: Students are bused from their school to the Cecil Arena.



HERE'S HOW!

Online Registration
@ www.cecilrec.org

We accept credit card payments

SCHOOL CLUBS

Kick Ball Club:
6 weeks of Kickball with both instructional and advanced games. Co-ed | Grades K-5
Thursdays | Begins September 21st - October 26th |
Dismissal to 4:45 PM | Cost \$32 | Location: Rising Sun Elementary School

Volleyball Club:
4 weeks of introductory Volleyball Co-ed | Grades 2-5 | Tuesdays | Begins October 3 - October 24th |
Dismissal to 4:45 PM | Cost \$32 | Location: Rising Sun Elementary School

Intramural Sport Mix:
6 weeks of creative, engaging drills & games to develop sport specific skills. Multiple sports; floor hockey, crab soccer, basketball & more. Co-ed | Grades K-5 | Tuesdays
Begins September 19th Dismissal to 4:30 PM | Cost \$32
Location: Chesapeake City Elementary School

Capture the Treasure:
6 weeks of Capture the Treasure; similar to Capture the Flag; guaranteed to keep your child moving while having a ton of fun! Co-ed | Grades K-5 | Tuesdays |
Begins September 19th | Dismissal to 4:30 PM | Cost \$32
Location: Conowingo Elementary School

JUNIOR WRESTLING

NORTH EAST Junior Wrestling: Ages 5+ | M, W, Th | Begins October 2 | 6:00-8:00 PM | Cost \$75 | Location: North East Middle School | For additional information, call Coach Taylor at 443-466-1702

RISING SUN Junior Wrestling: Ages 5+ | M, T, W, Th | Begins November 6 | 6:00-7:30 PM | Cost \$75 | Location: Rising Sun High School | Wrestlers will be separated based on experience level.

PRESEASON CONDITIONING

Wrestling: Rising Sun Jr. Wrestling | 8 weeks of preseason training. Grades 6-8 | Thursdays | Begins September 14 - November 2 | 6:30 PM-8:00 PM
Cost \$25 | Location: Rising Sun Middle School

Athlete Conditioning Clinic: 4 weeks of athlete conditioning, stamina, speed & agility. | Grades 6-12 | Wednesdays | Begins November 8 | 5:00-6:00 PM



MIDDLE SCHOOL MOVERS



A COMPLETE SCHEDULE WILL BE ANNOUNCED AT THE BEGINNING OF THE PROGRAM

FLAG FOOTBALL: Rising Sun Middle School | 8 weeks of Flag Football! Game instruction, game play, tee-shirt & specific transportation on 2 (TBD) play dates; from school to Calvert Regional Park. | Begins September 19 | Tuesdays & Thursdays | Dismissal - 4:30 PM | Cost \$ 32 | Participating School Locations: Rising Sun Middle School

On the 4th week of play and again during the last week, students will be transported by bus from their school for a competition play date between ALL MOVERS PROGRAMS at Calvert Regional Park. All students need to be promptly picked up at 4:30 PM from their middle school, except on the two play dates when they will need to be picked up at Calvert Regional Park.

FLAG FOOTBALL: Bo Manor Middle School | Perryville Middle School | 8 weeks of Flag Football! Game instruction, game play, tee-shirt & specific transportation on 2 (TBD) play dates; from school to Calvert Regional Park. Begins September 21 | Thursdays | Dismissal - 4:30 PM | Cost \$ 32 | Participating School Locations: Bo Manor Middle School | Perryville Middle School

VOLLEYBALL: North East Middle School | 8 weeks of mastering skills, strategies, techniques, rotations, sportsmanship, game rules, game like situations & scrimmages. Begins September 19 | Tuesdays & Thursdays | Dismissal - 4:30 PM | Cost \$ 32 | Participating School Locations: North East Middle School

BASKETBALL: Bo Manor | Elkton | Perryville | Rising Sun | Middle Schools | 8 weeks of Basketball! Game instruction, game play, tee-shirt & specific transportation on 2 (TBD) play dates; from school to Calvert Regional Park. Begins Week of January 8 | Dates TBD | Dismissal - 4:30 PM | Cost \$ 32 | Additional Schools TBD

WINTER HIGH SCHOOL LEAGUES

BOYS Indoor Lacrosse: 8 week league | 7v7 | Grades 9-12 | January 11 - March 1 | Thursdays | 7:30 PM | Cost \$45 | Location: Cecil Arena | Registration Deadline is December 20 | No cleats or longpoles

Co-Ed Futsal League: 8 weeks | Futsal is an indoor soccer game with a few rule changes and a smaller, weighted ball | Minimum of 8 players/Maximum of 10 per roster | 5v5 | Co-ed minimum of 1 player from each gender must be playing at all times | Teams are self coached | Grades 9-12 Begins November 24 | Fridays during regular season | Fridays & Saturdays during playoff season | 10:00 PM | Cost \$35 per person | Location: Cecil Arena | Registration Deadline is December 20 | No cleats

GIRLS Indoor Lacrosse: 8 week league | 7v7 | Grades 9-12 | January 8 - February 26 | Mondays | 6:00 PM | Cost \$30 + \$15 cash referee fee due on the first game | Location: Cecil Arena | Registration Deadline is December 20

HERE'S HOW!



Online Registration
@ www.cecilrec.org
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Sports

Basketball: Pick up basketball. Co-ed | Ages 16+ | Fridays | Begins October 6th | Fridays | 6-8PM | Cost \$5 per game | Location: Bay View Elementary

SOCCER: Pick up soccer. Co-ed | Ages 16+ | Tuesdays | Begins September 12th | 6-8PM | Cost \$5 per game | Location: Bay View Elementary

Adult Soccer League: Team Sign-Up
Co-ed | Ages 16+ | Sundays | Begins September 10th | 8PM | Cost \$400 per team + \$20 ref fees per team | Location: Calvert Regional Park | Email David Mencer at dmencer@ccgov.org for roster forms & waivers

Adults Only

Coming Attractions

BALLET Barre Workout
BOOTCAMP Workout
YOGA

Dogs & Owners

Dog Obedience: 6 week, Level I training for at least 16 week old dogs. Focus on positive reinforcement to correct & teach proper behavior. Begins Sept 8 | Fridays | 6-7 PM | Cost \$110 | Location:

For more information on upcoming programs go to www.cecilrec.org or visit us online @CecilRec

Fall Registration
August & September 2017

Winter Registration
November 2017

REMINDERS!

Spring Lacrosse Registration
November 1, 2017 - January 1, 2018

Spring Registration
Summer Registration
April 2018